

EASTERN PHILOSOPHY & SILENT MEDITATION

Yoga Flow Studio, Glen Head, NY

Wednesday, September 19th, 2012

7:15pm – 8:15pm



In this gathering, Buddhist and Hindu Philosophy will be discussed, focusing on the concept of Non Duality, our indelible connection to everything and everyone.

We will also sit together in periods of silence, connecting within to the essence of who we are.

Nicole Miller is a student of awakened teacher Devaji David Waldman, and lived in immersion in his community in Portland, OR and Mt. Shasta, CA.

Suggested donation: \$10 (All are welcome. No one turned away for lack of funds.)

For more information contact Lorraine @ 516-656-0672 or yogaflowstudio@gmail.com