

# NON-DUAL PHILOSOPHY & SILENT MEDITATION

Yoga Flow Studio, Glen Head, NY

Wednesday, July 11<sup>th</sup>, 2012

6:30pm – 8:00pm



In this gathering, we will begin by sitting in silent meditation together, followed by a talk to focus awareness on how the mind's stories create an identity of who we think we are.

Through exercises and the practice of Self-Inquiry, we discover the truth of who we are. Based on the teachings of Ramana Maharshi and Devaji David Waldman.

Nicole Miller is a direct student of awakened teacher Devaji David Waldman, and lived in immersion in his community and silent gatherings in Portland, OR and Mt. Shasta, CA.

Suggested donation: \$20 (All are welcome. No one turned away for lack of funds.)